

STONEHILL INTERNATIONAL SCHOOL CAFETERIA MENU FOR AUGUST

CONTINENTAL MENU				
19 August (Monday)	20 August (Tuesday)	21 August (Wednesday)	22 August (Thursday)	23 August (Friday)
Pasta, Bolognese Sauce, Marinara Sauce, Alfredo Sauce and Tomato Bruschetta	Stir Fried Chicken, Stir Fried Vegetables, Vegetarian Enchiladas & Steamed Vegetables	Beef Steak, Butter Chicken, Paneer Butter Masala, Vegetarian Burritos & Grilled Vegetables	Chicken Escalope, Vegetable Cutlet, Vegetarian Quesadilla & Steamed Vegetables	Beef, Chicken or Vegetable Burgers & French Fries
26 August (Monday)	27 August (Tuesday)	28 August (Wednesday)	29 August (Thursday)	30 August (Friday)
Meatballs, Baked Vegetables, Vegetarian Enchiladas, Mashed Potatoes & Grilled Vegetables	Grilled Honey Chicken, Vegetarian Ravioli, Vegetarian Moussaka & Grilled Vegetables	Fish Fingers, Crispy Fried Vegetables, Stuffed Capsicum, Grilled Vegetables & Soup	Chicken Shashlik, Vegetable Shashlik, French Fries, Vegetarian Quiche & Grilled Vegetables	Pizza - Assorted, Corn on the Cob, & Grilled Vegetables
<p>Please note, there is a salad bar, plain yoghurt, and fresh fruit available each day in addition to the above meals.</p>				



STONEHILL
INTERNATIONAL SCHOOL
An Embassy Group Education Initiative

INDIAN MENU

5 August (Monday)	6 August (Tuesday)	7 August (Wednesday)	8 August (Thursday)	9 August (Friday)
Mutter Paneer, Dal Fry, Chapatti & Rice	Gobi Aloo, Dal Fry, Chapatti & Rice	Chana Masala, Poori, Bhindi Masala, Rasam & Rice	Vegetable Kofta, Dal Fry, Chapatti & Rice	Butter Chicken, Palak Paneer, Paratha, Dal Fry Rice & Rasam
12 August (Monday)	13 August (Tuesday)	14 August (Wednesday)	15 August (Thursday)	16 August (Friday)
Eid al Adha Holiday	Assorted Chat, Pav Bhaji, Sambar & Rice	Set Dosa, Chutney, Vegetable Sagu, Sambar & Rice	Independence Day Holiday	Chicken Curry Shahi Paneer, Dal Tadka & Rice
19 August (Monday)	20 August (Tuesday)	21 August (Wednesday)	22 August (Thursday)	23 August (Friday)
Mutter Methi Malai, Poori, Dal Palak & Rice	Thondekai & Chana Palya, Vegetable Sambar & Rice	Tomato Rice with Chutney, Dal Vada, Dal Palak & Rice	Crispy Fried Okra, Dahi Curry, Rice & Sambar	Chicken Biryani, Vegetarian Biryani & Raita
26 August (Monday)	27 August (Tuesday)	28 August (Wednesday)	29 August (Thursday)	30 August (Friday)
Malai Kofta, Mixed Dal Tadka & Rice	Egg Curry, Mushroom Paneer, Dal Tadka & Rice	Chana Masala, Poori, Methi Aloo, Rasam & Rice	Palak Paneer, Curd Rice, Dal Makhni, Rice & Rasam	Fish Curry, Paneer Butter Masala, Dal Fry & Rice

Please note, there is a salad bar, plain yoghurt, and fresh fruit available each day in addition to the above meals.

BOARDING MENU

Date	Breakfast	Afternoon tea	Dinner
Mon 19 August	Idly Sambar, French Toast, Choice of Eggs, Bread, Juice, Milk, Corn Flakes & Fruits	Vada Pav	Tandoori Chicken, Paneer & Baby Corn Tikka Masala, Dal, Chapatti, Rice & Ice Cream
Tue 20 August	Pancakes, Bacon, Choice of Eggs, Bread Juice, Milk, Corn Flakes & Fruits	Chicken Samosa & Vegetable Samosa	Assorted Pizza, Vegetable Paella, Grilled Vegetables & Muffin
Wed 21 Aug	Chole Bhatura, French Toast, Choice of Eggs, Bread, Juice, Milk, Corn Flakes & Fruits	Chocolate Croissant	Fish Fingers, Vegetable MoMo, Chicken MoMo, Baked Cauliflower, Grilled Vegetables & Bavarian Cake
Thu 22 August	Paratha, Oats, Choice of Eggs, Bread Juice, Milk, Corn Flakes & Fruits	Chicken Nuggets	Vegetarian & Non-Vegetarian BBQ & Ice-Cream
Fri 23 August	Maggie, Poori with Vegetables, Choice of Eggs, Bread Juice, Milk, Corn Flakes & Fruits	Assorted Cookies	Chicken Biryani, Vegetable Biryani, Raita, Lamb Chops, Paneer Tikka Masala & Ice Cream
Sat 24 August	Pancakes, Bacon, Choice of Eggs, Bread Juice, Milk, Corn Flakes & Fruits	Potato Smiley	Kadai Chicken, Kadai Paneer & Mushroom, Dal Makhni, Chapatti, Rice & Cake
Sun 25 August	Grilled Cheese Sandwich, Dosa with Chutney, Choice of Eggs, Bread, Juice, Milk, Corn Flakes & Fruits	Cup Cake	Beef Steak, Chicken Manchurian, Vegetable Manchurian, Fried Rice, Grilled Vegetables & Chocolate Mousse
Mon 26 August	Waffles, Sausage, Choice of Eggs, Bread Juice, Milk, Corn Flakes & Fruits	Vegetarian & Non-Vegetarian Spring Rolls	Chicken Teriyaki, Vegetable Teriyaki, Vegetarian, Noodle & Cheese Cake
Tue 27 August	Upma, Uttapam, Choice of Eggs, Bread, Juice, Milk, Corn Flakes & Fruits	Chocolate Cookies	Chicken Ravioli, Vegetable Ravioli, Baked Pasta, Garlic Bread & Ice Cream
Wed 28 August	Chickpeas with Bhatura, Choice of Eggs, Bread, Juice, Milk, Corn Flakes & Fruits	Chicken & Vegetable Samosa	Hakka Noodles, Chicken in Lime Sauce, Paneer & Mushroom in Lime Sauce, Steamed Vegetables & Muffin
Thu 29 August	Aloo Paratha, Bread Rolls, Choice of Eggs, Bread, Juice, Corn Flakes & Fruits	Pretzels	Chicken Tacos, Vegetable Tacos, Quesadilla, Steamed Vegetables & Cake
Fri 30 August	Waffles, Sausage, Choice of Eggs, Bread Juice, Milk, Corn Flakes & Fruits	Sausage Rolls & Cheese Rolls	Roast Beef, Chicken Stew, Vegetable Stew, Mashed Potatoes, Grilled Vegetables, Soup & Cake