

STONEHILL INTERNATIONAL SCHOOL CAFETERIA MENU FOR JUNE

CONTINENTAL MENU				
3 June (Monday)	4 June (Tuesday)	5 June (Wednesday)	6 June (Thursday)	7 June (Friday)
Shepherd's Pie, Vegetable Bake, Peri-Peri Chicken BBQ Wings, BBQ Paneer, & Grilled Vegetables	Chicken Manchurian, Vegetable Manchurian, Hakka Noodles, Stir Fried Tofu & Soup	Beef Steak, Butter Chicken, Paneer Butter Masala, Vegetarian Burritos & Grilled Vegetables	Chicken Escalope, Vegetable Cutlet, Vegetarian Quesadilla, & Steamed Vegetables	Beef, Chicken or Vegetable Burgers & French Fries
10 June (Monday)	11 June (Tuesday)	12 June (Wednesday)	13 June (Thursday)	14 June (Friday)
Meatballs, Baked Vegetable, Vegetarian Enchiladas, Mashed Potatoes & Grilled Vegetables	Grilled Honey Chicken, Vegetarian Ravioli Vegetarian Moussaka & Grilled Vegetables	Fish Fingers, Crispy Fried Vegetables, Stuffed Capsicum, Grilled Vegetables & Soup	Chicken Shashlik, Vegetable Shashlik, French Fries, Vegetarian Quiche & Grilled Vegetables	Assorted Pizza, Corn on the Cob, & Grilled Vegetables
17 June (Monday)	18 June (Tuesday)	19 June (Wednesday)	20 June (Thursday)	21 June (Friday)
Spaghetti Carbonara, Pasta Marinara, Grilled Vegetables & Bruschetta	Chicken or Vegetarian Hot Dogs, French Fries & Steamed Vegetables	Summer Break	Summer Break	Summer Break
Please note, there is a salad bar, plain yoghurt, and fresh fruit available each day in addition to the above meals.				



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INDIAN MENU

3 June (Monday)	4 June (Tuesday)	5 June (Wednesday)	6 June (Thursday)	7 June (Friday)
Tomato Rice with Chutney, Dal Vada, Dal Palak & Rice	Kadai Vegetable, Lauki Dal, Rice & Papad	Chana Masala, Poori, Mixed Vegetables, Rasam & Rice	Vegetarian Pulao with Raita, Beans & Carrot Palya, Sambar & Rice	Butter Chicken, Paneer Butter Masala, Dal Tadka & Rice
10 June (Monday)	11 June (Tuesday)	12 June (Wednesday)	13 June (Thursday)	14 June (Friday)
Lemon Rice with Chutney, Aloo Gobi, Vegetable Sambar & Rice	Pav Bhaji, Lovia Masala, Rasam & Rice	Egg Masala, Mushroom Mutter Masala, Dal & Rice	Set Dosa, Chutney, Vegetable Sagu, Sambar & Rice	Chicken Biryani, Vegetarian Biryani & Raita
17 June (Monday)	18 June (Tuesday)	19 June (Wednesday)	20 June (Thursday)	21 June (Friday)
Mutter Methi Malai, Poori, Dal Palak & Rice	Chilly Fish, Chilly Mixed Vegetables, Hakka Noodles & Hot & Sour Soup	Palak Paneer, Chapatti, Dal Makhni, Rasam & Rice	Baigan Bharta, Chapatti, Mixed Dal Fry & Rice	Chicken Masala, Paneer Masala, Paratha, Dal Fry & Rice
27 June (Monday)	25 June (Tuesday)	26 June (Wednesday)	27 June (Thursday)	28 June (Friday)
Malai Kofta, Chapatti, Mixed Dal Tadka & Rice	Egg Curry, Mushroom & Paneer, Dal Tadka, Chapatti & Rice	Okra Masala, Chapatti, Dal Dokli & Rice	Mixed Vegetables, Chapatti, Rajma Masala, Rasam & Rice	Chicken Biryani, Vegetarian Biryani & Raita

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BOARDING MENU

Date	Breakfast	Afternoon tea	Dinner
Saturday 1 June	Idli Sambar, French Toast, Choice of Eggs, Bread, Juice, Milk, Corn Flakes & Fruits	Vada Pav	Tandoori Chicken, Paneer & Baby Corn Tikka Masala, Dal, Rice & Ice Cream
Sunday 2 June	Pancakes, Bacon, Choice of Eggs, Bread Juice, Milk, Corn Flakes & Fruits	Chicken Samosa & Vegetable Samosa	Teriyaki Chicken, Teriyaki Vegetables, Vegetarian Noodles & Cheese Cake
Monday 3 June	Chole Bhatura, French Toast, Choice of Eggs, Bread, Juice, Milk, Corn Flakes & Fruits	Chocolate Croissant	Fish Fingers, Vegetable Momo, Chicken Momo, Baked Cauliflower, Grilled Vegetables & Bavarian Cake
Tuesday 4 June	Paratha, Oats, Choice of Eggs, Bread Juice, Milk, Corn Flakes & Fruits	Chicken Nuggets	Vegetarian & Non-Vegetarian BBQ & Ice-Cream
Wednesday 5 June	Maggie, Poori with Vegetables, Choice of Eggs, Bread Juice, Milk, Corn Flakes & Fruits	Assorted Cookies	Chicken Biryani, Vegetable Biryani, Raita, Lamb Chops, Paneer Tikka Masala & Ice Cream
Thursday 6 June	Pancakes, Bacon, Choice of Eggs, Bread Juice, Milk, Corn Flakes & Fruits	Potato Smiley	Kadai Chicken, Kadai Paneer & Mushroom, Dal Makhni, Chapatti, Rice & Cake
Friday 7 June	Grilled Cheese Sandwich, Dosa with Chutney, Choice of Eggs, Bread, Juice, Milk, Corn Flakes & Fruits	Cupcakes	Beef Steak, Chicken Manchurian, Vegetable Manchurian, Fried Rice, Grilled Vegetables & Chocolate Mousse
Saturday 8 June	Waffles, Sausage, Choice of Eggs, Bread Juice, Milk, Corn Flakes & Fruits	Vegetarian & Non-Vegetarian Spring Rolls	Grilled Chicken, Gratin Dauphinoise, Grilled Vegetables, Corn on the Cob & Gulab Jamun
Sunday 9 June	Upma, Uttapam, Choice of Eggs, Bread, Juice, Milk, Corn Flakes & Fruits	Chocolate Cookies	Chicken Ravioli, Vegetable Ravioli, Baked Pasta, Garlic Bread & Ice Cream
Monday 10 June	Chole Bhatura, Choice of Eggs, Bread, Juice, Milk, Corn Flakes & Fruits	Chicken & Vegetable Samosa	Hakka Noodles, Chicken in Lime Sauce, Paneer & Mushroom in Lime Sauce, Steamed Vegetables & Muffin
Tuesday 11 June	Aloo Paratha, Bread Rolls, Choice of Eggs, Bread, Juice, Corn Flakes & Fruits	Pretzels	Chicken Tacos, Vegetable Tacos, Quesadilla, Steamed Vegetables & Cake



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Wednesday 12 June	Waffles, Sausage, Choice of Eggs, Bread Juice, Milk, Corn Flakes & Fruits	Sausage Rolls & Cheese Rolls	Assorted Pizza, Vegetable Paella, Grilled Vegetables & Muffin
Thursday 13 June	Pancakes, Bacon, Choice of Eggs, Bread, Juice, Corn Flakes & Fruits	Samosa	Roast Beef, Chicken Stew, Vegetable Stew, Mashed Potatoes, Grilled Vegetables, Soup & Cake
Friday 14 June	Grilled Ham Sandwich, Bread Rolls, Choice of Eggs, Bread, Juice, Milk & Corn Flakes	Paneer & Cauliflower Pakoda	Chicken Chop Suey, Vegetable Chop Suey, Chilly Chicken, Chilly Paneer, Steamed Vegetables & Brownie
Saturday 15 June	Uthappam, Upma with Chutney, Choice of Eggs, Bread, Juice, Milk, Corn Flakes & Fruits	Pretzels	Chicken Biryani, Vegetable Biryani, Raita, Lamb Chops, Paneer Tikka Masala & Lemon Tart
Sunday 16 June	French Toast, Poori Bhaji, Choice of Eggs, Bread, Juice, Milk, Corn Flakes & Fruits	Croissant	Crispy Fried Chicken, Crispy Fried Vegetables, Methi Mutter Malai, Rajma Masala, Paratha & Cake
Monday 17 June	Pancakes, Bacon, Choice of Eggs, Bread, Juice, Milk, Corn Flakes & Fruits	Vada Pav	Vegetarian & Non-Vegetarian BBQ & Ice Cream
Tuesday 18 June	Grilled Sandwich, Hash Brown, Choice of Eggs, Bread, Juice, Milk, Corn Flakes		Summer Break



AUSTRALIAN
BOARDING
SCHOOLS
ASSOCIATION



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