



STONEHILL INTERNATIONAL SCHOOL CAFETERIA MENU FOR FEBRUARY

| CONTINENTAL MENU | | | | |
|--|---|--|---|--|
| 4 Feb (Monday) | 5 Feb (Tuesday) | 6 Feb (Wednesday) | 7 Feb (Thursday) | 8 Feb (Friday) |
| Chicken and Vegetable Manchurian, Hakka Noodle, Stir fried Tofu & Soup | Chicken Marsala, Roasted Baby Potatoes, Crepes, & Sautéed Vegetables | Grilled Fish, Stuffed Peppers Sausage Rice, Grilled Vegetables & Soup | Shepherd's Pie, Baked Vegetable, Peri Peri Chicken Wings, Peri Peri Paneer & Steamed Vegetables | Pizza - Assorted |
| 11 Feb (Monday) | 12 Feb (Tuesday) | 13 Feb (Wednesday) | 14 Feb (Thursday) | 15 Feb (Friday) |
| Baked Pasta, Carbonara, Grilled Vegetables & Garlic Bread | Chicken Lollypop, Mix Vegetable Manchurian, Noodles, Steamed Vegetables & Soup | Roasted Chicken, Roast Potatoes, Burritos & Grilled Vegetables | Veg and Non-Veg Tacos, Enchiladas, Grilled Vegetables & Soup | Chicken or Vegetable Hot Dogs, French Fries & Steamed Vegetables |
| 18 Feb (Monday) | 19 Feb (Tuesday) | 20 Feb (Wednesday) | 21 Feb (Thursday) | 22 Feb (Friday) |
| Beef, Chicken or Vegetable Stew, Mashed Potatoes & Steamed Vegetables | Chicken and Paneer Tikka Sausage Rice, Stuffed Capsicum & Grilled Vegetables | Fish Finger, Corn on the Cob Veg Moussaka, Steamed mixed Vegetables, Rice & Soup | BBQ Chicken, Vegetable Kebabs, Roasted Potatoes & Grilled Vegetables | PD day |
| 25 Feb (Monday) | 26 Feb (Tuesday) | 27 Feb (Wednesday) | 28 Feb (Thursday) | 1 March (Friday) |
| Pasta Bolognese, Tomato sauce, Mushroom Cream Sauce Cheese Sauce Garlic Bread | Mochiko Chicken, Sausage Fried Rice, Sautéed Tofu and Bok Choy & Grilled Vegetables | Roasted Beef or Chicken, Gratin Dauphinoise, Vegetable Quiche & Steamed Vegetables | Stir Fried Chicken or Vegetables, Corn on the Cob, Grilled Vegetables & Soup | Beef, Chicken or Vegetable Burgers & French fries |
| <p>Please note, there is a salad bar, plain yoghurt, and fresh fruit available each day in addition to the above meals.</p> | | | | |

INDIAN MENU

| 4 Feb (Monday) | 5 Feb (Tuesday) | 6 Feb (Wednesday) | 7 Feb (Thursday) | 8 Feb (Friday) |
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| Egg Bhurji, Paneer Bhurji, Bun, Dal & Rice, | Jack Fruit Masala, Dal Panchamel & Rice | Lemon Rice with Chutney, Beetroot Palya, Rasam & Rice | Aloo mutter, Poori, Dahi Curry, Rasam & Rice | Butter Chicken, Shahi Paneer & Rice |
| 11 Feb (Monday) | 12 Feb (Tuesday) | 13 Feb (Wednesday) | 14 Feb (Thursday) | 15 Feb (Friday) |
| Veg Pulao with Raita, Soppu Saaru & Rice | Egg Masala, Mushroom Mutter Masala, Dal & Rice | Chana Masala, Poori, Gobi Aloo, Rasam & Rice, | Pav Bhaji, Curd Rice & Bonda | Chicken and Vegetarian Biryani with Raita |
| 18 Feb (Monday) | 19 Feb (Tuesday) | 20 Feb (Wednesday) | 21 Feb (Thursday) | 22 Feb (Friday) |
| Bisi Bele Bath, Khara Boondi, Mix Veg Poriyal, Sambar & Rice | Palak Paneer, Rajma Masala, Rasam & Rice | Thondekai Chana Palya, Vegetable Sambar & Rice | Crispy Fried Okra, Dal Makhni, Rasam & Rice | Chicken Curry, Paneer Mutter Masala, Paratha, Mixed Dal & Rice |
| 25 Feb (Monday) | 26 Feb (Tuesday) | 27 Feb (Wednesday) | 28 Feb (Thursday) | 1 March (Friday) |
| Hakka Noodle, Veg Manchurian, Rice & Curry | Egg Curry, Butter Paneer, Soppu Saaru & Rice | Methi Mutter Malai, Poori, Mixed Dal Fry a& Rice | Tomato Rice with Chutney, Mixed Vegetables, Dal & Rice | Chicken and Vegetarian Biryani with Raita |
| Please note, there is a salad bar, plain yoghurt, and fresh fruit available each day in addition to the above meals. | | | | |

BOARDING MENU

| Date | Breakfast | Afternoon tea | Dinner |
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| 1-2-19 | Club sandwich, Beans on Toast, Choice of Eggs, Bread, Juice, Milk, Corn Flakes & Fruits | Churros | Chicken and Bacon Melt, Chicken and Veg Rolls, & Brownie |
| 2-2-19 | Pancake, Bacon, Choice of Eggs, Bread Juice, Milk, Corn Flakes & Fruits | Sausage and Veg Roll & Veg sticks | Chicken and Mutter Paneer Masala, Chapatti, Stir Fried Veg & Chicken Rice & Éclairs |
| 3-2-19 | Waffle, Beans on Toast, Choice of Eggs, Bread, Juice, Milk, Corn Flakes & Fruits | Corn Cheese Ball | Chicken & Veg Chop- Suey, Chicken in Schezwan Sauce, Paneer in Schezwan Sauce & Chocolate Mousse |
| 4-2-19 | Chickpeas with Bhatura, Smoked Sausage Potato Hash, Choice of Eggs, Bread Juice, Milk, Corn Flakes & Fruits | Egg Puffs | Chicken and Veg Tacos, Veg and Non-veg Wrap & Carrot Cake |
| 5-2-19 | Grilled Sandwiches, Crispy Sausage, Choice of Eggs, Bread Juice, Milk, Corn Flakes & Fruits | Paneer Tikka Roll | Peri Peri Chicken, Paneer Popcorn, Egg Fried Rice, Grilled Vegetables, Soup & Apple Cake, |
| 6-2-19 | Aloo Paratha, Bread Pakoda, Choice of Eggs, Bread Juice, Milk, Corn Flakes & Fruits | Chicken Nuggets | Pizza Assorted, Risotto & Ice-Cream |
| 7-2-19 | Pancake, Bacon, Choice of Eggs, Bread Juice, Milk, Corn Flakes & Fruits | Cheese Sticks | Chicken and Vegetable Quesadilla, Chicken Fajita & Cake |
| 8-2-19 | Paratha, French toast, Choice of Eggs, Bread Juice, Milk, Corn Flakes & Fruits | Veg & Non- veg Spring rolls | Chicken and Veg MO-MO, Chicken & Paneer Chilly Fried Rice and Cake |
| 9-2-19 | Waffle, Sausage, Choice of Eggs, Bread, Juice, Corn Flakes & Fruits | Chocolate Cookies | Chili Paneer, Chili Chicken, Haka Noodle, Steamed Veg, Soup & Ice-Cream |
| 10-2-19 | Grilled Ham and Veg Sandwich Choice of Eggs, Bread, Juice, Milk, Corn Flakes & Fruits | Churros | Chicken and Veg Marsala, Chicken and Veg Enchiladas, Soup & Cake |
| 11-2-19 | Masala Dosa, Bread Rolls, Choice of Eggs, Bread, Juice, Milk, Corn Flakes & Fruits | Mozzarella Puffs | Chicken and Veg Shashlik, Quiche, Potato wedges, Brownie |
| 12-2-19 | Pancake, Bacon, Choice of Eggs, Bread Juice, Milk, Corn Flakes & Fruits | Sausage & Cheese Rolls | Chicken & Veg Biryani with Raita, Lamb Chops, Paneer Tikka Masala & Chocolate Éclairs |
| 13-2-19 | Club sandwich, Beans on Toast, Choice of Eggs, Bread, Juice, Milk, Corn Flakes & Fruits | Paneer Tikka Roll | Chicken and Veg Tacos Veg and Non-veg Wrap & Brownie |

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| 14-2-19 | Chickpeas with Bhatura, Smoked sausage Potato Hash Choice of Eggs, Bread Juice, Milk, Corn Flakes & Fruits | Egg Puff | Veg] & Non-veg Lasagna, Ravioli, Garlic bread, Grilled Vegetables & Chocolate Cake |
| 15-2-19 | Waffle, Sausage, Choice of Eggs, Bread, Juice, Corn Flakes & Fruits | Churros | Steak, Chicken Kabab, Burritos, Roasted Potato, Sauté Vegetables Éclairs |
| 16-2-19 | Aloo Paratha, French Toast, Choice of Eggs, Bread, Juice, Corn Flakes & Fruits | Croissant | Spaghetti Carbonara, Baked Pasta, Stir Fried Chicken, Grilled Vegetables & Brownie |
| 17-2-19 | Pori, Chana, Oats, Choice of Eggs, Bread, Juice, Corn Flakes & Fruits | Chicken Nuggets | Chicken Masala, Mutter Paneer, Kulcha, Chicken and Veg Lollypop, Rice & Dal |
| 18-2-19 | Grilled sandwich, hash brown, Choice of Eggs, Bread, Juice, Milk, Corn Flakes | Chicken and Veg Puff | BBQ Vegetarian, Non-vegetarian Ice-Cream |
| 19-2-19 | Masala Dosa, Bread Roll, Choice of Eggs, Bread, Juice, Milk, Corn Flakes & Fruits | Corn Cheese Roll | Chicken Curry, Mushroom Mutter, Chapatti, Chili Fish, Chili Vegetables, Grilled Veg & Cake |
| 20-2-19 | Idli sambar, Beans on Toast, Choice of Eggs, Bread, Juice, Milk, Corn Flakes & Fruits | Chocolate Cookies | Grilled Chicken, Gratin Dauphinois, Grilled Vegetables , Soup & Gulab Jamun |
| 21-2-19 | Chickpeas with Bhatura, Smoked Sausage Potato Hash Choice of Eggs, Bread Juice, Milk, Corn Flakes & Fruits | Danish Pastry | Chicken & Veg Biryani with Raita, Lamb Chops, Paneer Tikka Masala & Rasgulla |
| 22-2-19 | Waffle, Grilled Ham, Choice of Eggs, Bread, Juice, Corn Flakes & Fruits | Chicken and Veg Shells | Pizza, Chicken Wings, Paneer in Garlic Sauce & Cake |
| 23-2-19 | Club sandwich, Beans on Toast, Choice of Eggs, Bread, Juice, Milk, Corn Flakes & Fruits | Paneer Tikka Roll | Chicken and Veg Tacos Veg and Non-veg Wrap & Brownie |
| 24-2-19 | Pancake, Bacon, Choice of Eggs, Bread Juice, Milk, Corn Flakes & Fruits | Mozzarella Puffs | Crispy Fried Vegetables, Crispy Fried Vegetables Prawns, Butter Chicken, Butter Paneer, Roomali Roti & Rasgulla, |
| 25-2-19 | Masala Dosa, Bread Rolls, Choice of Eggs, Bread, Juice, Milk, Corn Flakes & Fruits | Croissant | Chicken and Vegetable Quesadilla, Chicken Fajita & Cake |

Please note, there is a salad bar, plain yoghurt, and fresh fruit available each day in addition to the above meals.



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