

Stonehill International School Restaurant Menu



September 2017

4 Sep (Monday)	5 Sep (Tuesday)	6 Sep (Wednesday)	7 Sep (Thursday)	8 Sep (Friday)
Beef, chicken & vegetable Stew, Grilled Vegetables Mashed Potatoes, Rice	Stir fried Chicken Vegetable Quiche Ratatouille Steamed French beans Rice	Chicken & Vegetable Lasagna, Garlic Bread Butter Chicken, Steamed Vegetables	Crispy Fry Chicken Vegetable Manchurian Hakka noodle Steamed French beans Rice	Pizza - assorted
11 Sep (Monday)	12 Sep (Tuesday)	13 Sep (Wednesday)	14 Sep (Thursday)	15 Sep (Friday)
Spaghetti Bolognese Tomato sauce Mushroom cream sauce Cheese sauce Garlic bread	Steak, Roasted Chicken Vegetarian Cannelloni, Grilled Vegetables, Rice & Soup	Fish Finger, Corn on the cob Stir fried Tofu Steamed mixed vegetables Rice & Soup	Chicken bourguignon Gratin dauphinois Baked cauliflower Grilled Vegetables Rice	Beef , chicken or Vegetable burgers French fries
18 Sep (Monday)	19 Sep (Tuesday)	20 Sep (Wednesday)	21 Sep (Thursday)	22 Sep (Friday)
Swiss Steak Vegetable Rollatini Grilled vegetables Mashed Potatoes Rice	Chicken Fricassee Vegetables moussaka Stir fried Rice Grilled vegetables	Cardon bleu Chicken roll Mushroom Bourguignon Ratatouille, Macaroni Cheese, Grilled Veg	BBQ Chicken Vegetable kebab Sausage Rice Grilled vegetables Rice	Chicken or vegetable Hot Dogs. French fries Steamed mix-veggies
25 Sep (Monday)	26 Sep (Tuesday)	27 Sep (Wednesday)	28 Sep (Thursday)	29 Sep (Friday)
Pasta Bolognese Tomato sauce Mushroom cream sauce Cheese sauce Garlic bread	Chicken and vegetables In sweet and sour sauce Hakka noodle Steamed French beans Rice	Dussehra Holiday	Dussehra Holiday	Dussehra Holiday

NB Everyday there is a salad bar and fresh fruit. There is also an Indian meal alternative.