

Stonehill International School Restaurant Menu



November 2017

6 Nov (Monday)	7 Nov (Tuesday)	8 Nov (Wednesday)	9 Nov (Thursday)	10 Nov (Friday)
Pasta Bolognese Tomato sauce Mushroom cream sauce Cheese sauce Garlic bread	Chicken Manchurian Vegetable Manchurian Hakka noodle Steamed French beans Rice	Roasted Beef & vegetable Stroganoff , Grilled Vegetables Mashed Potatoes, Rice	Crispy fry Prawns Vegetables moussaka Macaroni with cheese Grilled vegetables	Beef , chicken or Vegetable burgers French fries
13 Nov (Monday)	14 Nov (Tuesday)	15 Nov (Wednesday)	16 Nov (Thursday)	17 Nov (Friday)
Meat balls Vegetable stroganoff Vegetable ratatouille Mashed potatoes Grilled vegetables	Roasted Chicken Vegetarian Cannelloni, Baked Vegetable Grilled Vegetables, Rice & Soup	Fish Finger, Stir fried Tofu Steamed mixed vegetables Rice & Soup	BBQ Chicken Sausage Rice Grilled vegetables Rice	Pizza - assorted
20 Nov (Monday)	21 Nov (Tuesday)	22 Nov (Wednesday)	23 Nov (Thursday)	24 Nov (Friday)
Pasta Bolognese Tomato sauce Mushroom cream sauce Cheese sauce Garlic bread	Honey Chicken & Veggie Kabobs Potato wedge Grilled vegetables Rice	Beef, chicken & vegetable Stew, Grilled Vegetables Mashed Potatoes, Rice	Stir fried Chicken Vegetable Quiche Ratatouille Steamed French beans Rice	Chicken or vegetable Hot Dogs. French fries Steamed mix-veggies
27 Nov (Monday)	28 Nov (Tuesday)	29 Nov (Wednesday)	30 Nov (Thursday)	1 Dec (Friday)
Swiss Steak Vegetable Rollatini Grilled vegetables Mashed Potatoes	Chicken and Mix-Veg Schezwan, Fried rice, Grilled Vegetables & Soup	Chicken & Vegetable Lasagna, Garlic Bread Butter Chicken, Steamed Vegetables	Chicken and Veg Shashlik, backed macaroni, Steamed Veg & Rice	Pizza - assorted

NB Everyday there is a salad bar and fresh fruit. There is also an Indian meal alternative.