



STONEHILL
INTERNATIONAL SCHOOL
An Embassy Group Education Initiative

STONEHILL INTERNATIONAL SCHOOL CAFETERIA MENU FOR MARCH

CONTINENTAL MENU

2nd March (Monday)	3rd March (Tuesday)	4th March (Wednesday)	5th March (Thursday)	6th March (Friday)
Roast Chicken Roast Potatoes, Cannelloni, Vegetable Cutlet & Grilled Vegetables	Beef Steak, Butter Chicken and Butter Paneer, Vegetarian Crepes & Grilled Vegetables	Chicken and Tofu Teriyaki, Sausage Rice, Vegetarian Manchurian & Steamed Vegetables	Crispy Fried Chicken and Vegetables, Baked Cauliflower, Steamed Vegetables and Soup	Beef/Chicken/ Vegetable Burgers French Fries & Grilled Vegetables
9th March (Monday)	10th March (Tuesday)	11th March (Wednesday)	12th March (Thursday)	13th March (Friday)
Pasta Bolognese with Tomato Sauce/ Mushroom Cream Sauce Cheese Sauce & Garlic Bread	Chicken and Vegetarian Bourguignon, Gratin Dauphinois, Vegetarian Crepes, Steamed Vegetables & Rice	Gajami Yangnyeom – Twigim Corn Cheese, Steamed Vegetables & Soup	Beef/Vegetarian/ Chicken Stroganoff, Pasta, Vegetable Quiche & Grilled Vegetables	Assorted Pizza, Corn on the Cob, & Grilled Vegetables
16th March (Monday)	17th March (Tuesday)	18th March (Wednesday)	19th March (Thursday)	20th March (Friday)
Meatballs, Baked Vegetables, Vegetarian Enchiladas, Mashed Potatoes & Grilled Vegetables	Chicken Escalope, Vegetable Cutlet, Vegetarian Quesadilla & Steamed Vegetables	Chicken/ Vegetarian Lasagna, Corn on the Cob, Grilled Vegetables & Bruschetta	Grilled Fish, Vegetarian Cannelloni, Fried Rice, Grilled Vegetables & Soup	Chicken/ Vegetarian Hot Dogs, French Fries & Steamed Vegetables
23rd March (Monday)	24th March (Tuesday)	25th March (Wednesday)	26th March (Thursday)	27th March (Friday)
Spaghetti Bolognese, Pasta Primavera, Grilled Vegetables & Garlic Bread	BBQ Chicken, Vegetarian Shashlik, Roast Potatoes, Paneer Tikka & Steamed Vegetables	Ugadi (Holiday)	Chicken Fricassee, Cheese Macaroni, Vegetarian Ratatouille, Grilled Vegetables and Rice	Assorted Pizza, Corn on the Cob, & Grilled Vegetables

Please note: There is a salad bar, plain yoghurt, and fresh fruit available each day in addition to the above meals.



STONEHILL

INTERNATIONAL SCHOOL

An Embassy Group Education Initiative

INDIAN MENU

2nd March (Monday)	3rd March (Tuesday)	4th March (Wednesday)	5th March (Thursday)	6th March (Friday)
Bisi Bele Bath, Khara Boondi, Vegetable Poriyal, Sambar & Rice	Egg Masala, Veg Do Pyaza, Dal Fry and Rice	Chana Masala, Poori, Gobi Aloo, Rasam & Rice	Crispy Fried Okra, Dahi Kadhi, Rice and Sambar	Grilled Fish, Aloo Tuk, Dal Fry, Gobi Mutter and Rice
9th March (Monday)	10th March (Tuesday)	11th March (Wednesday)	12th March (Thursday)	13th March (Friday)
Pav-Bhaji, Dal Palak and Rice	Chicken Masala, Paneer Makhni, Dal Fry and Rice	Set Dosa with Chutney, Mix Vegetable Korma, Sambhar & Rice	Vegetable Manchurian, Hakka Noodles, Sambar and Rice	Mutton Biryani, Vegetable Biryani & Raita
16th March (Monday)	17th March (Tuesday)	18th March (Wednesday)	19th March (Thursday)	20th March (Friday)
Tomato Rice with Chutney, Dal Vada, Cabbage Mutter, Sambar & Rice	Chana Masala, Poori, Bhindi Aloo, Rasam & Rice	Mughlai Pulao With Raita, Vegetarian Kadai, Dal and Rice	Vegetarian Kofta, Rajma Masala, Rice, Rasam and Papad	Chicken Curry, Mutter Paneer Dal Tadka & Rice
23rd March (Monday)	24th March (Tuesday)	25th March (Wednesday)	26th March (Thursday)	27th March (Friday)
Vegetable Fried Rice, Chilly Vegetable, Dal and Rice	Paneer Bhurji, Keema Pav, Rice and Sambar	Ugadi (Holiday)	Set Dosa with Chutney, Mix Vegetable Korma, Sambar & Rice	Chicken Biryani, Vegetarian Biryani & Raita

Please note: there is a salad bar, plain yoghurt, and fresh fruit available each day in addition to the above meals.



STONEHILL

INTERNATIONAL SCHOOL

An Embassy Group Education Initiative

BOARDING MENU				
Date	Breakfast	Afternoon tea	Dinner	Supper
Sunday 1 st March	Paratha, Assorted Sandwiches, Choice of Eggs, Bread, Juice, Milk, Corn Flakes & Fruits	Chicken & Vegetable Nuggets	Grilled Honey Chicken, Vegetable Cannelloni, French Fries, Grilled Vegetables & Cake	Nachos
Monday 2 nd March	Masala Dosa, Hash Brown, Choice of Eggs, Bread, Juice, Milk, Corn Flakes & Fruits	Mini Pizzas	Mutton Rogan Josh, Pepper Chicken and Vegetables, Mutter Paneer, Lovia Masala, Chapatti & Cake	Aloo Tikki with Chutney
Tuesday 3 rd March	Waffles, Sausage, Choice of Eggs, Bread Juice, Milk, Corn Flakes & Fruits	Crostini	Baked Fish, Vegetable MO-MO & Chicken MO-MO, Baked Cauliflower, Grilled Vegetables & Gulab Jamun	Cookies
Wednesday 4 th March	Idli Sambar, Bread Roll, Choice of Eggs, Bread, Juice, Milk, Corn Flakes,	Dal Kachori With Chutney	Vegetarian BBQ, Non-Vegetarian BBQ & Ice-Cream	Nachos
Thursday 5 th March	Pancakes, Bacon, Choice of Eggs, Bread, Juice, Milk, Corn Flakes & Fruits	Danish Pastry	Roast Chicken/Beef /Vegetables, Mashed Potatoes, Vegetable Bake and Cake	Assorted Biscuits
Friday 6 th March	Puri, Channa, Oats, Choice of Eggs, Bread, Juice, Milk, Corn Flakes & Fruits	Chicken and Vegetable Nuggets	Vegetarian/Non-Vegetarian Sushi, Vegetarian/Non- Vegetarian Wrap & Brownie	Cheese and Sausage Rolls
Saturday 7 th March	Uttapam, Maggie, Choice of Eggs, Juice, Milk, Corn Flakes & Fruits	Chicken and Paneer Popcorn	Tandoori Chicken & Vegetables, Vegetable Kadai, Chapatti and Cake	Tomato & Olive Bruschetta
Sunday 8 th March	Waffles, Sausage, Choice of Eggs, Bread Juice, Milk, Corn Flakes & Fruits	Cheesy Spinach Rolls	Chicken/Vegetarian Biryani with Raita, Crispy Fried Prawns, Paneer Tikka Masala & Pana Cotta	Vanilla Cupcake



STONEHILL

INTERNATIONAL SCHOOL

An Embassy Group Education Initiative

Monday 9th March	Dosa, Baked Beans, Upma, Choice of Eggs, Bread, Juice, Milk, Corn Flakes	Aloo Chat	Mutton Curry, Chicken and Vegetable 65, Mutter Paneer, Rajma Masala, Chapatti & Cake	Cinnamon Rolls
Tuesday 10th March	Pancake, Bacon, Choice of Eggs, Bread, Juice, Milk, Corn Flakes & Fruits	Samosa	Butter Chicken, Butter Paneer, Mushroom Makhani, Dal Makhani, Rumali Roti and Carrot Halwa	Assorted Cookies
Wednesday 11th March	Club Sandwich, Beans on Toast, Choice of Eggs, Bread, Juice, Milk, Corn Flakes & Fruits	Mini Pizza	Assorted Pizza, Piri Piri Chicken Wings and Vegetarian Piri Piri, Grilled Vegetables & Brownies	Chocolate Croissant
Thursday 12th March	Idli Sambar, Sausage, Choice of Eggs, Bread Juice, Milk, Corn Flakes & Fruits	Spring Rolls	Steak, Grilled Chicken, Potato Wedges, Vegetable Enchiladas, Grilled Vegetables and Cake	Chicken & Vegetable Pockets
Friday 13th March	Paratha, Assorted Sandwiches, Choice of Eggs, Bread, Juice, Milk, Corn Flakes & Fruits	Cheese Samosa	Heoni-Beoteo-Chicken, Noodles, Bok Choy with Garlic Sauce, Steamed Vegetables, Cheese & Corn	Tomato & Olive Bruschetta
Saturday 14th March	Masala Dosa, Hash Brown, Choice of Eggs, Bread, Juice, Milk, Corn Flakes & Fruits	Chicken and Vegetable Nuggets	Chicken/Vegetarian Tacos Vegetarian and Non-Vegetarian Wrap & Brownies	Vanilla Cupcake
Sunday 15th March	Waffles, Sausages, Choice of Eggs, Bread Juice, Milk, Corn Flakes & Fruits	Chicken and Paneer Popcorn	Vegetarian/Non-Vegetarian Spaghetti Carbonara, Sautéed Prawns, Creamy Mushroom and Asparagus, Garlic Bread & Tiramisu Cake	Cinnamon Rolls
Monday 16th March	Idli Sambar, Bread Roll, Choice of Eggs, Bread, Juice, Milk, Corn Flakes,	Apple Strudel	Sheekh Kabab, Hara Bhara Kabab, Shahi Paneer, Rajma Masala, Chapatti and Cake	Assorted Cookies



STONEHILL

INTERNATIONAL SCHOOL

An Embassy Group Education Initiative

Tuesday 17th March	Pancakes, Bacon, Choice of Eggs, Bread, Juice, Milk, Corn Flakes & Fruits	Spring Rolls	Chicken Schnitzel, Jacket Potatoes, Vegetarian Quesadilla, Grilled Vegetables and Cake	Chocolate Croissant
Wednesday 18th March	Puri, Chana, Oats, Choice of Eggs, Bread, Juice, Milk, Corn Flakes & Fruits	Twisted Korean Doughnut	Vegetarian/Non-Vegetarian Ice-Cream	Chicken/ Vegetable Pockets
Thursday 19th March	Uttapam, Maggie, Choice of Eggs, Bread, Juice, Milk, Corn Flakes & Fruits	Cheese and Sausage Roll	Assorted Pizza, Piri Piri Chicken Wings and Vegetarian Piri Piri, Grilled Vegetables And Brownie	Nachos
Friday 20th March	Waffles, Sausages, Choice of Eggs, Bread Juice, Milk, Corn Flakes & Fruits	Dal Kachori With Chutney	Chicken/Vegetable Biryani with Raita, Crispy Fried Prawns, Paneer Tikka Masala, and Chocolate Éclairs	Assorted Biscuits
Saturday 21st March	Dosa, Baked Beans, Upma, Choice of Eggs, Bread, Juice, Milk, Corn Flakes	Danish Pastry	Baked Fish, Vegetarian/ Chicken MO-MOs, Baked Cauliflower, Grilled Vegetables & Fruits Custard	Chocolate Croissant
Sunday 22nd March	Pancakes, Bacon, Choice of Eggs, Bread, Juice, Milk, Corn Flakes & Fruits	Muffins	Tandoori Chicken & Vegetables, Methi Mutter Malai, Chapatti and Cake	Potato Smiley
Monday 23rd March	Club Sandwich, Beans on Toast, Choice of Eggs, Bread, Juice, Milk, Corn Flakes,	Aloo Chat	Chicken Masala, Mutter Paneer, Kulcha, Chicken /Vegetarian Lollypop, Rice, Dal and Rice Pudding	Nachos
Tuesday 24th March	Waffles, Sausages, Choice of Eggs, Bread Juice, Milk, Corn Flakes & Fruits	Mini Pizza	Chicken/Vegetarian Ravioli, Chicken/ Vegetarian Escalope, Garlic Bread and Cake	Cheese and Sausage Rolls
Wednesday 25th March	Idli Sambar, Bread roll, Choice of Eggs, Juice, Milk, Corn Flakes	Vegetarian /Non- Vegetarian Samosa	Chicken/ Vegetarian Tacos Vegetarian and Non-Vegetarian Wrap & Brownies	Cheesy Spinach Rolls



STONEHILL

INTERNATIONAL SCHOOL

An Embassy Group Education Initiative

Thursday 26 th March	Pancakes, Bacon, Choice of Eggs, Bread, Juice, Milk, Corn Flakes & Fruits	Crispy Sweet Corn	Mutton Curry, Stir Fried Vegetables and Stir Fried Chicken, Mutter Paneer, Rajma Masala, Chapatti & Cake	Assorted Biscuits
Friday 27 th March	Puri, Chana, Oats, Choice of Eggs, Bread, Juice, Milk, Corn Flakes & Fruits	Chocolate Croissant	Vegetarian Afghani Chicken Afghani, Malai Kofta, Kulcha, Green Peas Rice & Lemon Tart	Nachos
Saturday 28 th March	Waffles, Sausages, Choice of Eggs, Bread Juice, Milk, Corn Flakes & Fruits	Cheese and Sausage Roll	Chicken/Vegetable Biryani with Raita, Crispy Fried Prawns, Paneer Tikka Masala & Chocolate Éclairs	Crostini
Sunday 29 th March	Chole – Bhatura, Baked Beans, Choice of Eggs, Bread Juice, Milk, Corn Flakes & Fruits	Cheesy Garlic Bread	Sheekh Kabab, Hara Bhara Kabab, Shahi Paneer, Rajma Masala, Chapati & Cake	Potato Cheese Shots
Monday 30 th March	Dosa, Chutney, Upma, Choice of Eggs, Bread, Juice, Milk, Corn Flakes	Apple Strudel	Chicken/Vegetarian Ravioli, Chicken/Vegetarian Escalope, Garlic Bread and Lemon Cake	Vegetarian/ Chicken Sliders
Tuesday 31 st March	Grilled Chicken and Vegetables, Sandwiches Poha, Choice of Eggs, Bread, Juice, Milk, Corn Flakes	Chicken and Egg Puff	Vegetarian/Non-vegetarian BBQ, Ice-Cream	Aloo Chop



AUSTRALIAN
BOARDING
SCHOOLS
ASSOCIATION



Stonehill International School

259/333/334/335 | Tarahunise Village Post | Jala Hobli (Bangalore North) Bangalore 562157

T +91.80.43418300 | E info@stonehill.in | www.stonehill.in